### LIFE IN TRANSITIO N

Thesis Submission (ZimnFarooq)

### Concept

You've heard the phrase "feeling comfortable in your own skin."

The best example of this in the natural world is when a snake sheds its skin. During the shedding process, the snake is visibly uncomfortable and unproductive, It devotes all of its energy to this one task of ridding the old to make room for the new. We as human beings metaphorically shed our own skin when it is time to grow personally, professionally, or spiritually.

### Abstract

The Purpose of my study is to reflect my inner feelings and reaction towards change and growth. As it is said that "Change is a hard-fought thing." Through my life change has been an integral part. I would rather love to stay in my comfort zone than take steps in unknown. Though we evolve and change in response to the changing world, but conscious change is often difficult.

After the rapid and hard changes that I faced in my life. I realized that one couldn't actually grow without leaving certain parts of them behind in order to become a better self. The best example I could find in the natural world was when snake sheds it's skin to allow for further growth. We as human beings metaphorically shed our own skin when it's time to grow physically, professionally or spiritually. I could see the reflection of myself in how snake was reacting to change. It devotes all its energy in getting rid of the old and making room for new. By using snake as a language I tried reflecting my inner feelings and emotions. Looking at the flexible nature, all my work has this aspect of beauty of struggle. How it has a tendency to mold itself according



to situation.





### Why does a snake Sheds?

- While the snake's body continues to grow, its skin does not. Kind of like when humans grow out of their clothes.
  - The process is called *ecdysis*, which simply means molting or shedding an outer layer.
  - Young snakes that are growing rapidly shed frequently every few weeks while adult snakes shed less often, sometimes only a few times a year or less.



### Other things that Sheds





### Fourth Edition erpetoloc

Introductory Biology of Amphibians and Reptiles

### LITERATURE REVIEW

Sources : - Movie Harry potter

- Articles
- Books







Burmese Pythons

Plus Reticulated Pythons and Related Species OM THE EXPERTS AT ADVANCED VIVARIUM SYSTEMS"

#### **Pythons OF THE WORLD**







## Artist & Designer Research



### Artist Research



#### Ida Thunströms















### **Texture Board**

The textures that I've incorporated are based on my feelings about things that are left behind.

I used other mediums from nature that sheds to express my feelings in a better way.



## PHOTOGRAPHY (PYTHONS)



# h Development

### Idea of the Silhouette



- Most of my garments are double layered to give it a sense of beauty and struggle throughout the growth process.
- If I talk about my silhouette I am truly fascinated by the body movement of snake. How it has a tendency to mold itself according to situation. Looking at the flexible nature I've come up with these kind of forms.
- Some of the forms and textures are inspired by the other things that shed. E.g (human skin, vegetables , tree bark)





in.











> The idea for my drawings was based on my understanding of a snakes zoomed in skin.

I have stylized and change it according to my perception.





# Fabrication & Prints

### Fabrications idea

- As mentioned before that all my garments are double layered to give it a sense of beauty of struggle so according to that I've incorporated the prints beautifully.
- The prints truly have this aspect of transition.
- Most of the garments made have the print in the inner layer to give it a sense of something new coming out.












### **Fabrication Ideas**

- The fabrications are all done to cover the outer layer of my garment showing the struggle part
- They have been generated from the mediums that I've picked to express myself.
- The feelings of left overs are being showed.
- Sense of roughness has been given purposely.









#### Texture Board





# Mood Boards

## Idea of Mood boards

- All my mood boards were generated from the feeling of being suffocated.
- $\succ$  The feeling of a renewal.









## Final Sheets



## Final Garments

### Garment 1





Fabrication

## Garment (part A)



#### Garment 1b









## Garment 2





## Garment 3 Sketch (reference images)



#### Fabrication

Sketch

### Garment 3







## Thankyou