

AAE 715 Instructors
THEESIS SEMINAR Dr. Shabnam Syed Khan
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Emotional Literacy

Presented by
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Research Question: What art based pedagogical tools
Explanatory & can be developed to facilitate
Normative emotional literacy for primary
grade level in Pakistan schools?

**IF YOU ARE TUNED OUT OF YOUR
OWN EMOTIONS
YOU WILL BE POOR READING THEM IN
OTHER PEOPLE**

—DANIEL GOLMEN





Abstract

Child's emotional growth is as essential as cognitive and physical growth. Just as academic learning to read and write begins with literacy of letters and sounds, learning to interpret and manage feelings begins with emotional literacy.





THEORETICAL FRAMEWORKS

Importance of emotional literacy

Significance of EL at primary grade level

Daniel Golmen "emotional intelligence"

Nel Noddings "EoC ethics of care"

Elliot Eisner "learnable intelligence"

Jean Piaget "Socio centric age"

"socio c instructivism"

Lev Vygotsky "ZPD" "Scaffolding"

Danial Golmen
Nel Noddings
Howard Gardner
Elliot Eisner
Jean Piaget
Lev Vygotsky

Researchers

Authors

Psychologists

Methodology

Book Comprised of

1. Age of the target readers
2. Basic emotions with related feelings and mix emotions.
3. Encouraging feelings communication
4. Keeping critically thinking at the center of emotional literacy



EMOTIONAL LITERACY

Emotions are like guests,
they come and they go,
Only if you let them FLOW

Illustration of a boy in a green cape holding a sign, with a girl in a pink cape standing nearby. Below the sign are several emotion faces: a red angry face, a grey sad face, a yellow happy face, a brown neutral face, a blue sad face, and a green happy face.

Let's know a little about some basic emotions

Happiness spot is when you feel joy, it's the feeling of being loved and spread love, kindness brings happiness. Also when you take care of someone, help someone also brings happiness. You may feel excited you may have a bright smile twinkle in your eyes and white bright teeth to show when you are happy. Happiness keeps on Growing when we keep doing good deeds

My personal dictionary about emotions

**“When awarness is brought
To an emotion, power is
Brought to your life”.**

Tara Meyer Robson



**A step towards
emotionally literate
community.**

