

# Studio II: Contexts and Strategies of Making & Teaching

Hybridity I Creativity I Blindness

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# Video

(In the next slide)



# Gaslight

/ˈɡaslʌɪt/

*Verb*

gerund or present participle: **gaslighting**

- manipulate (someone) by psychological means into doubting their own sanity

“Gaslighting is a form of psychological manipulation in which a person or a group covertly sows seeds of doubt in a targeted individual or group, making them question their own memory, perception, or judgment, often evoking in them, cognitive dissonance and other changes including low self-esteem.”

Source: Wikipedia

# Hybridity I Creativity I Blindness

For this task I have used lamp & voices to present the idea of Psychological Manipulation that is also known as Gaslighting, that needs to be addressed.

The medium (video) is challenging and new for me to work with and I tried to cross my boundaries by exploring this medium. Also, I tried to manage this task by being very limited with the resources and used whatever was available.

Another aspect that was part of the task was to use the concept of blindness. The notion of verbal abuse or psychological manipulation or gaslighting is still somewhere in the dark and people don't even consider or understand it and we are blind to see this.