

# Flight or Float

**Process**

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The premise of this project was the topic of **escapism**.

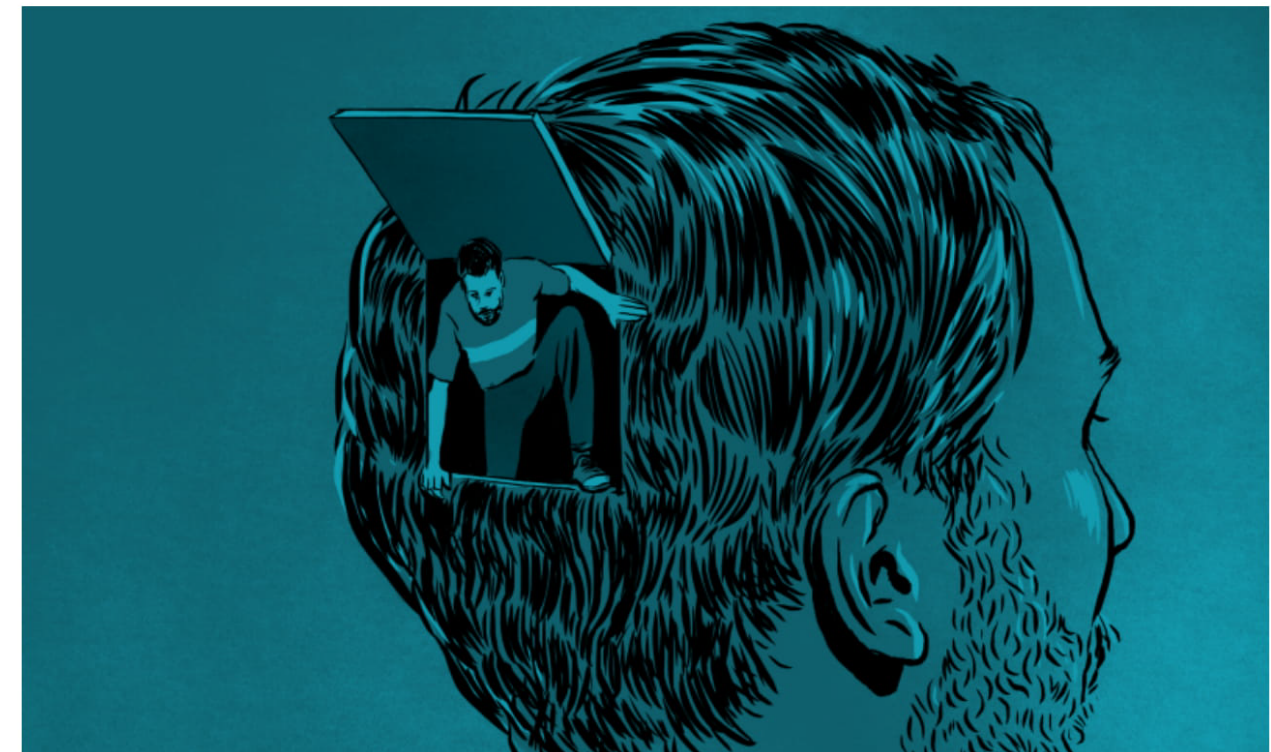
Escapism is avoidance of aspects of daily life

that are:

- Unpleasant
- Depressing
- Anxiety inducing
- Trauma

It could be through normal activities like:

- Sleeping
  - Eating
  - Exercising
- 





# Tolkien and Escapism

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Tolkien heavily disagreed with the negative connotations associated with “escape”

“Escape of the Prisoner, not Flight of the Deserter”

-He believed escaping was not equal to running away from your problems and leaving your loved ones to suffer

-It was more like a prisoner escaping from jail to get back to his loved ones so one could do their to protect and look after them



After all the previous research, I stopped to ask myself “how do I escape?” and then upon looking into it I realized my biggest form of escaping is through writing especially in journals. So I started to go through all my previous journals.

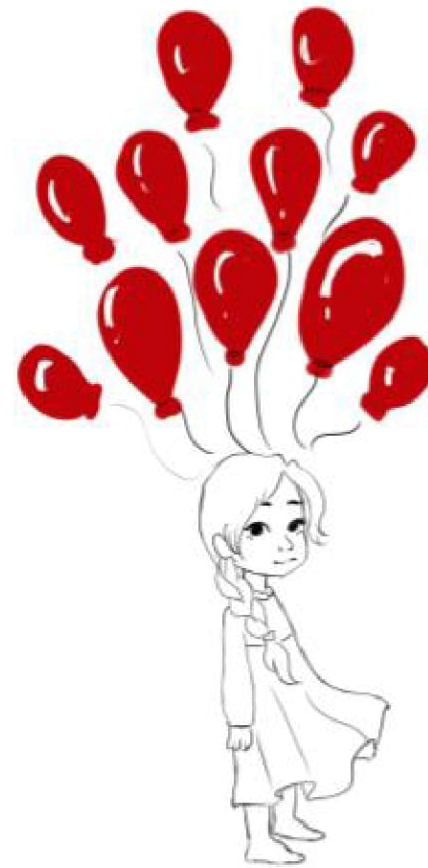
They are an amalgamation of vent, doodles and poetry.

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Pop!  
I felt it again  
Something isn't right  
Can nobody else see  
How close I am  
To losing my last  
Balloon?

Diary entry date : 16th August 2016



In this poem the balloons symbolize vessels of emotions, desires, dreams and existence on its own. The physical pain felt when extremely hurt or traumatized is imagined as a balloon popping and as you get older you start to realize how hard it is to keep a hold of your remaining balloons.

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# The Red balloon (1956)

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- Movie about a little french boy and a sentient red balloon he found
- Gains popularity and attention
- Possible metaphor for loneliness, childish innocence and hope
- The end represents the same energy being projected in the cluster of balloons and just unity?
- A possible commentary on the imagination of the child

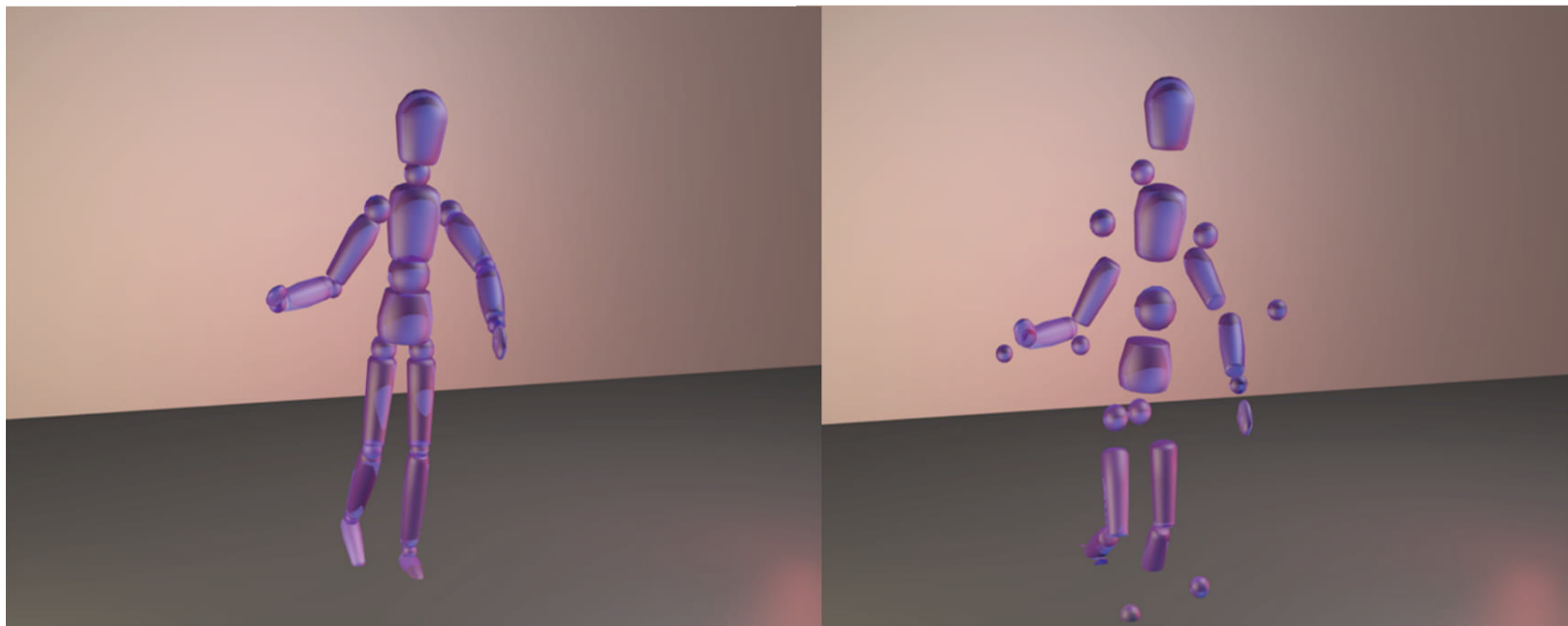
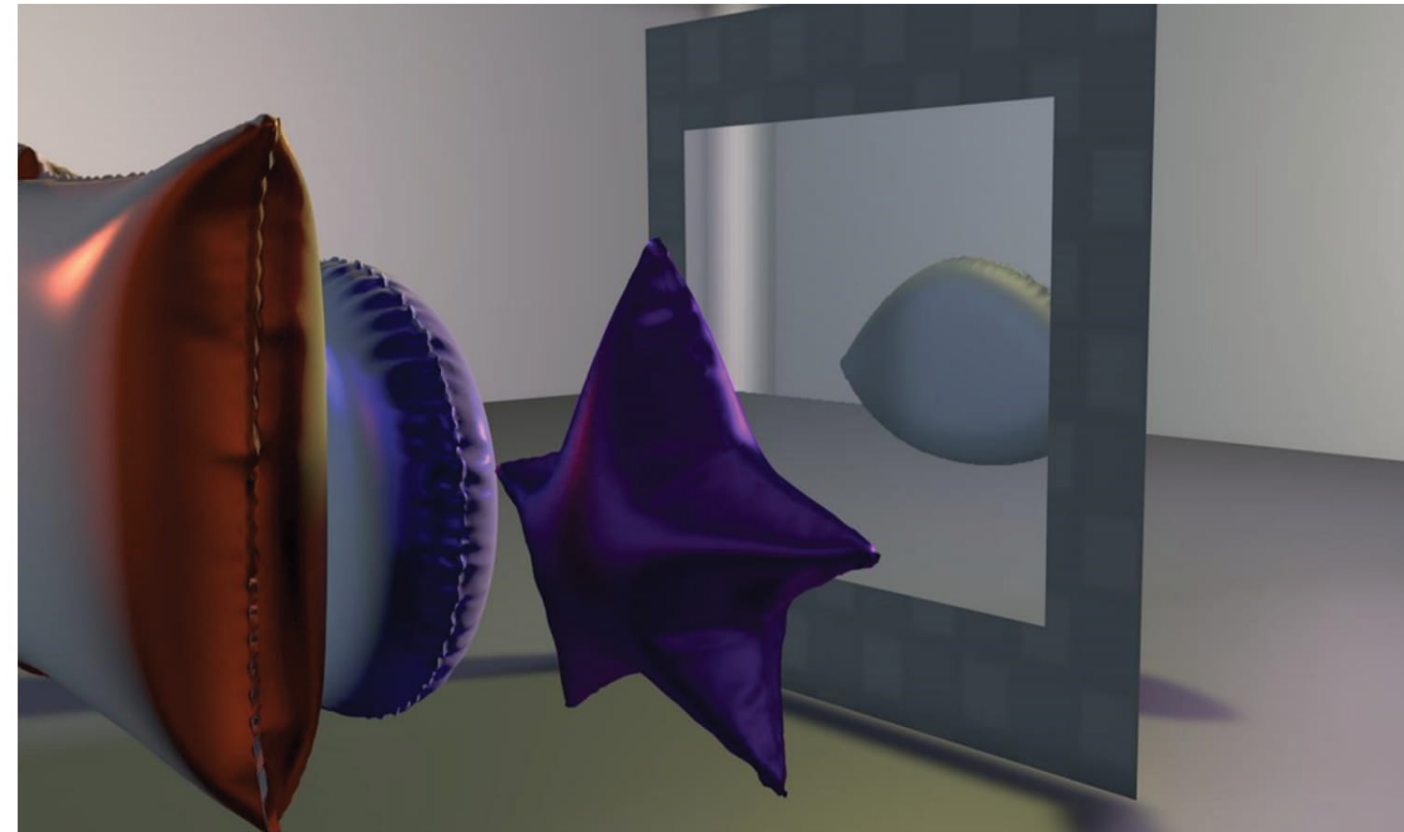


I started to view the human body similar to how I was viewing balloon, fragile and vessels for emotions and desires.

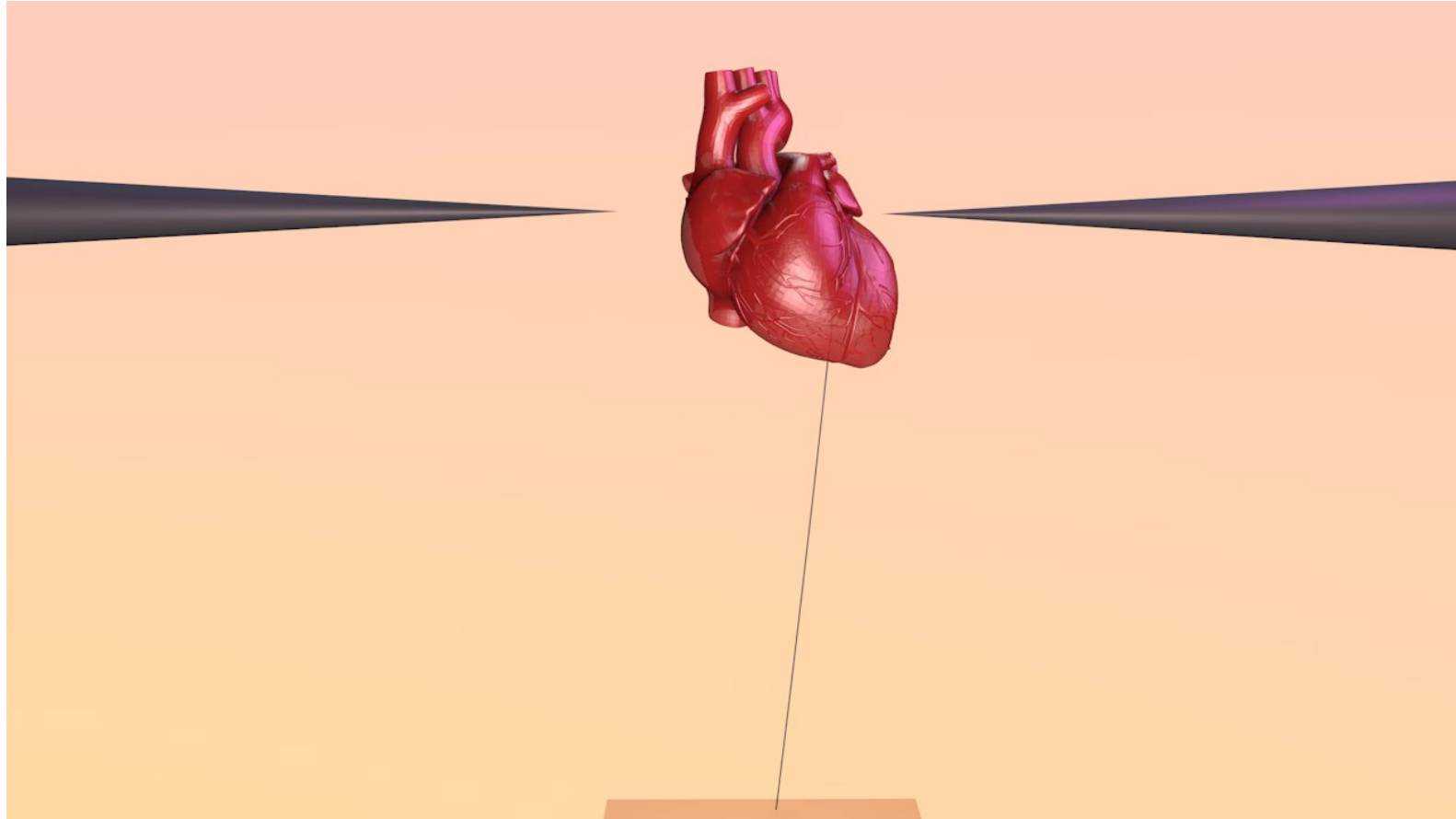
For initial visualization I started to play around with 3D modelling on Cinema 4D

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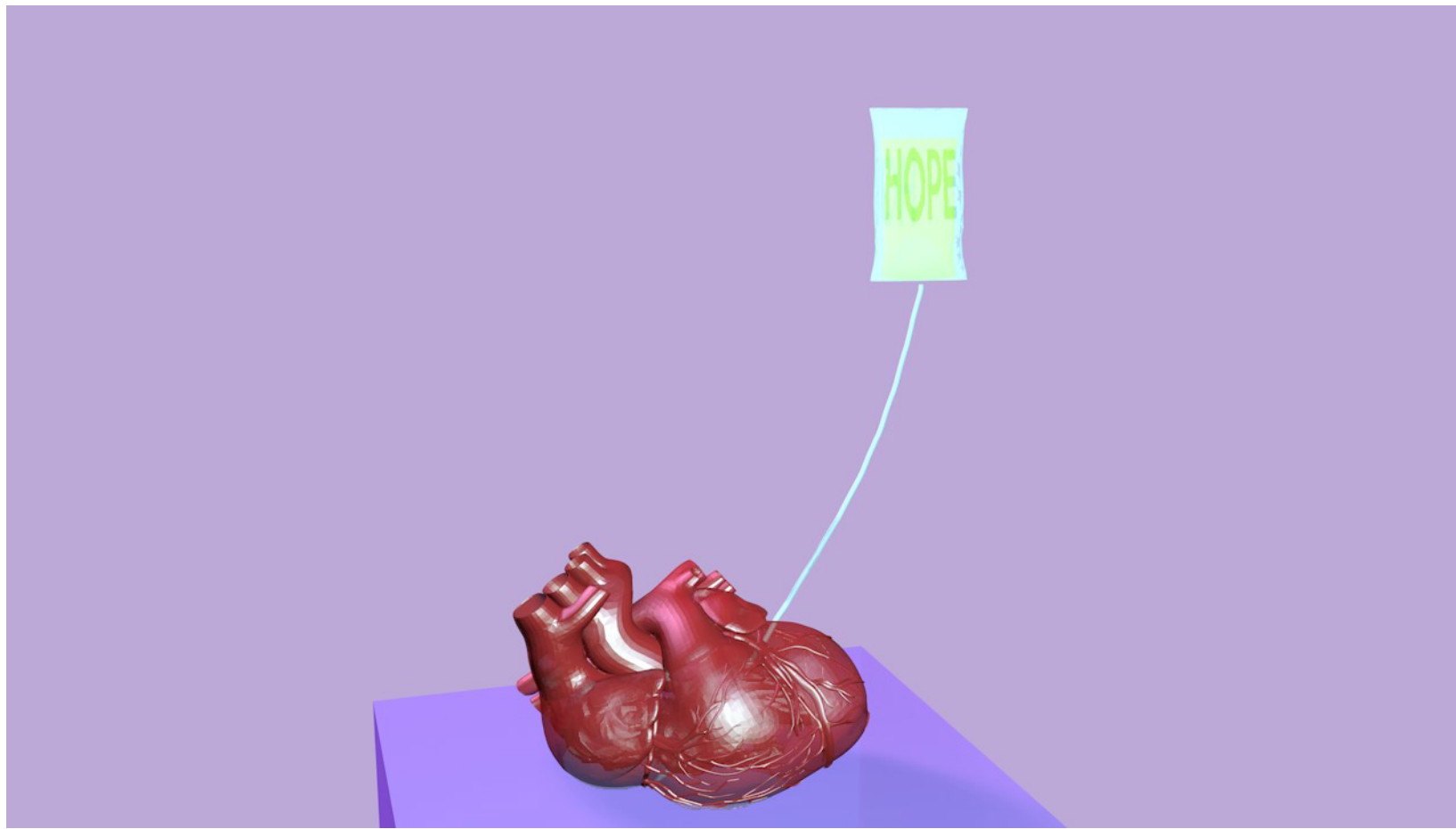


Started to experiment with form

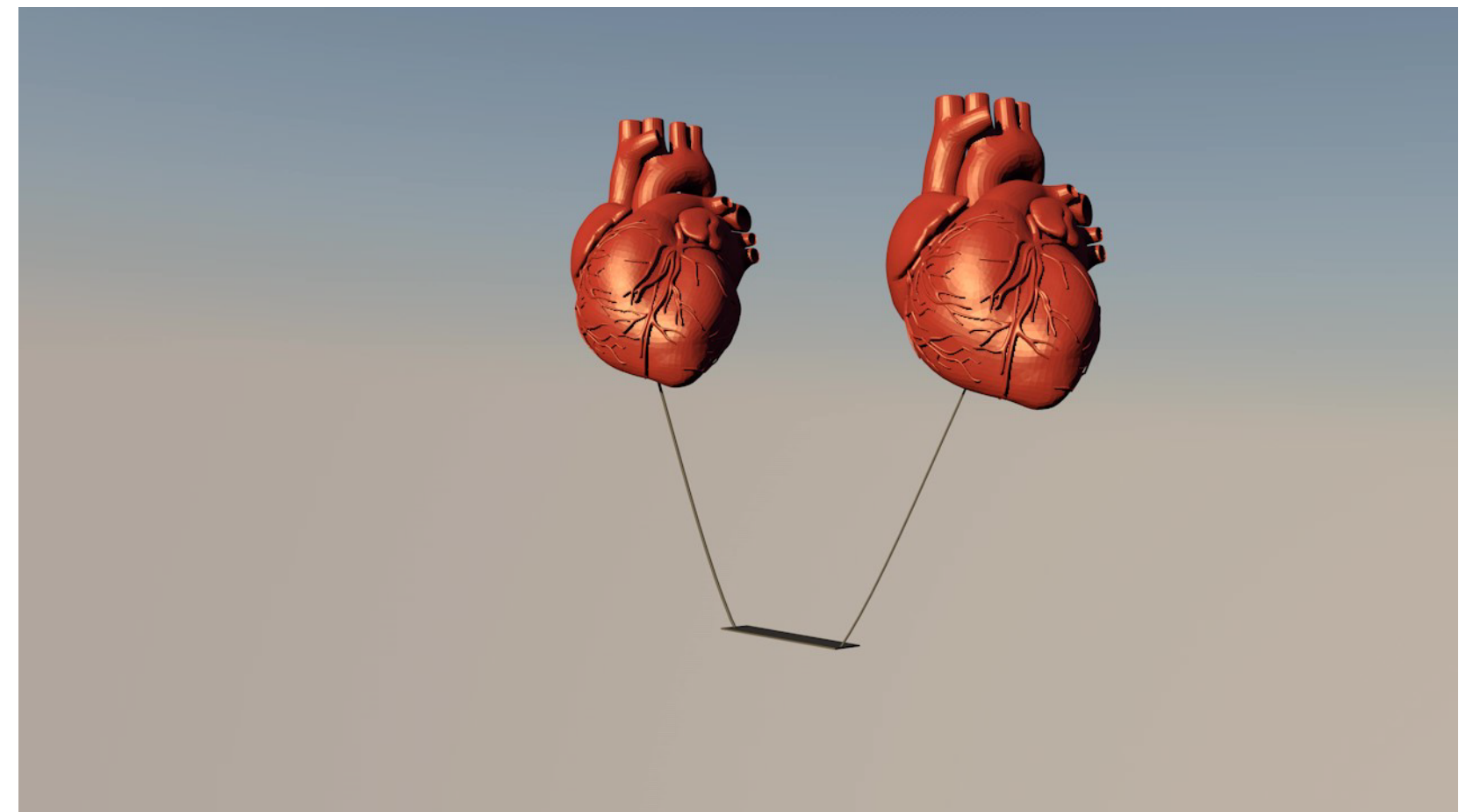


Work presented during 7th semester mid-review

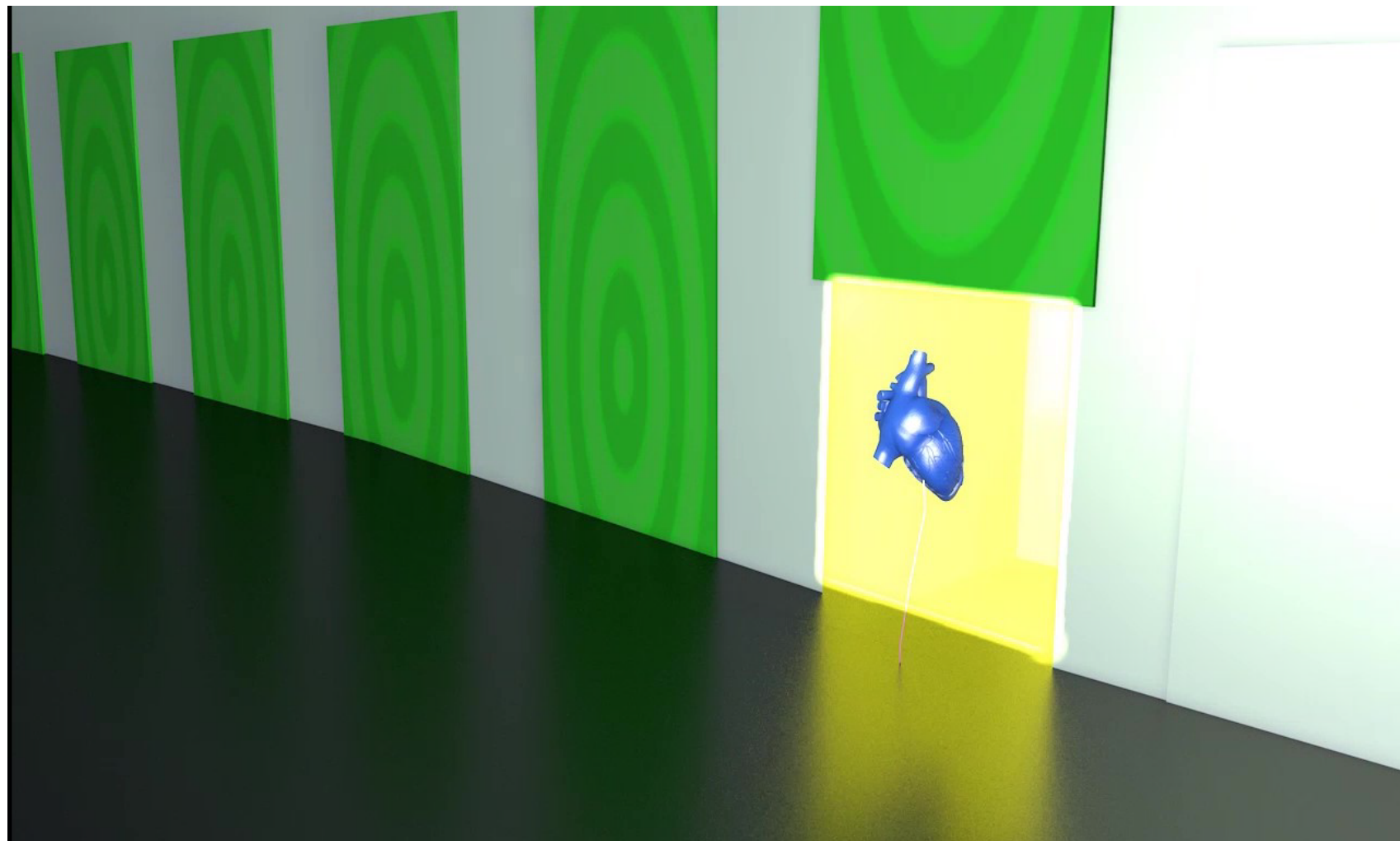




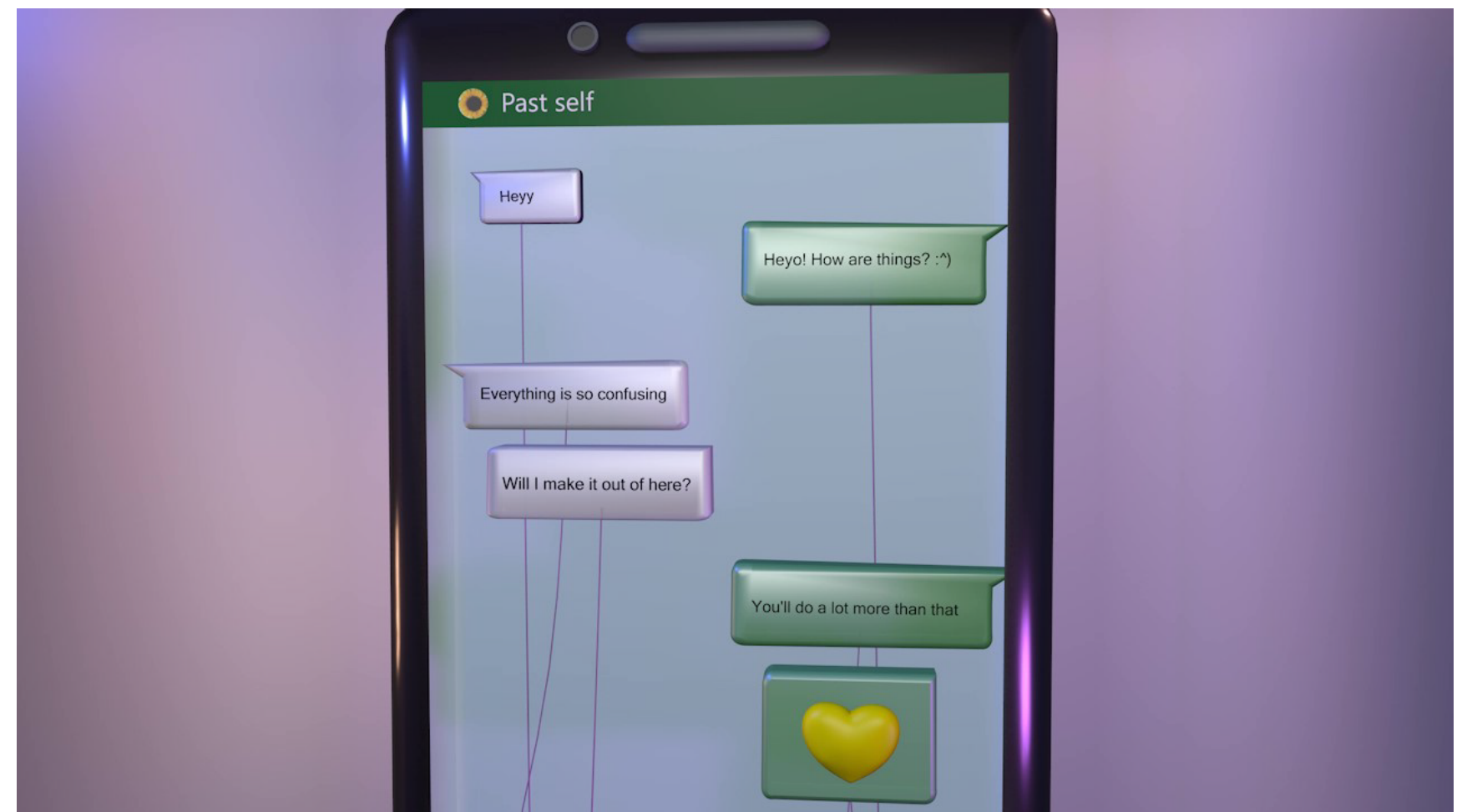
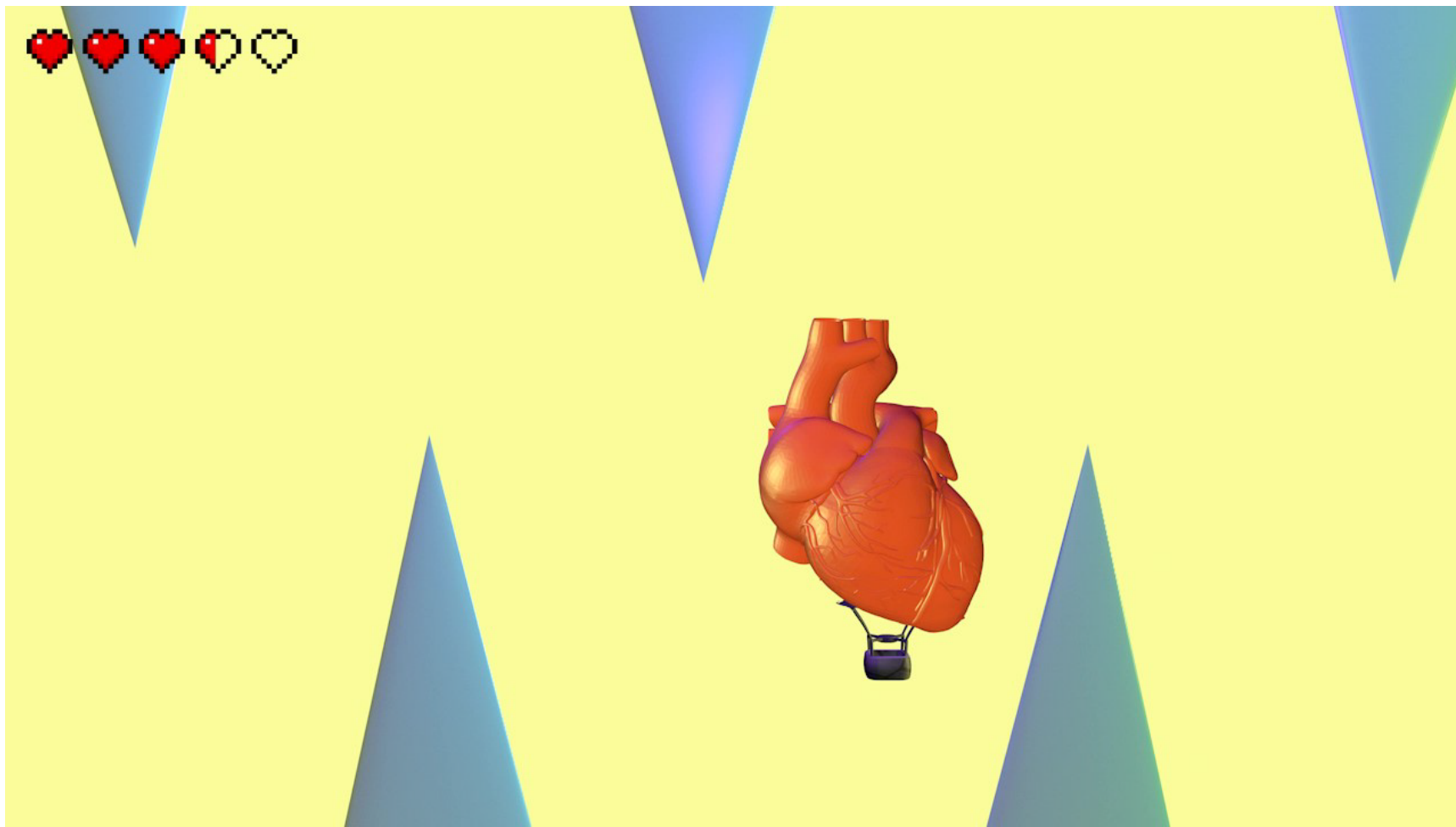
More experimentation post mid review

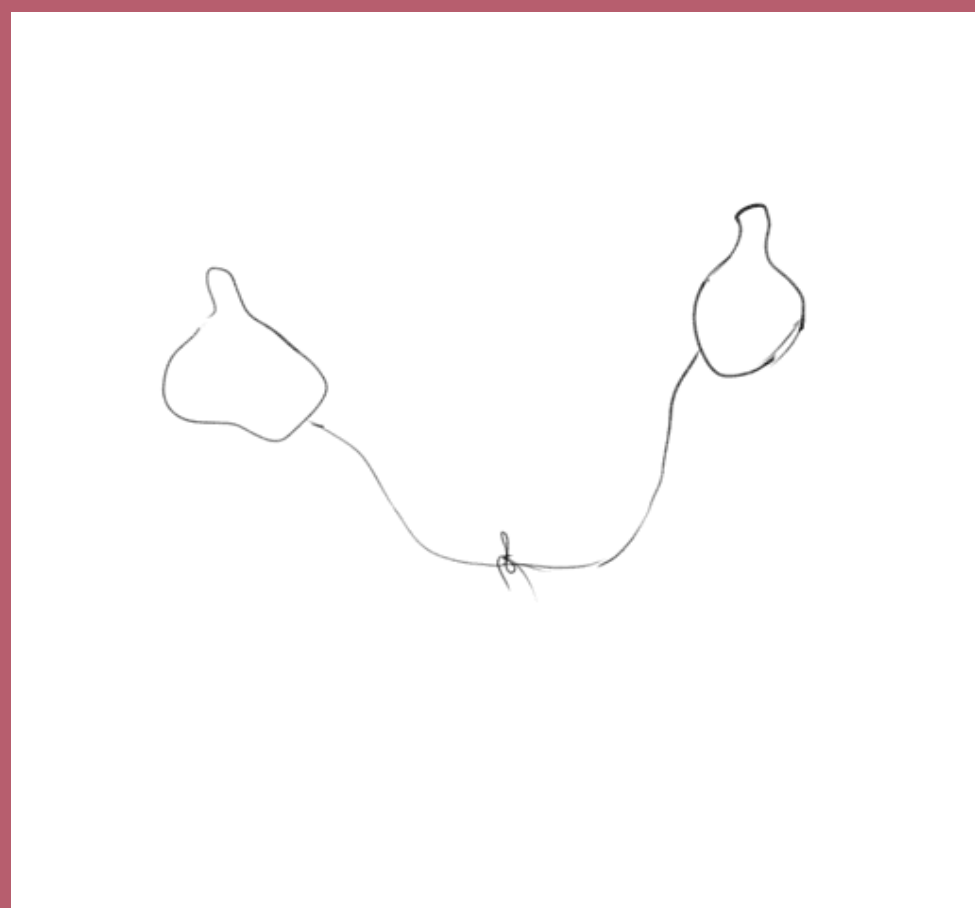
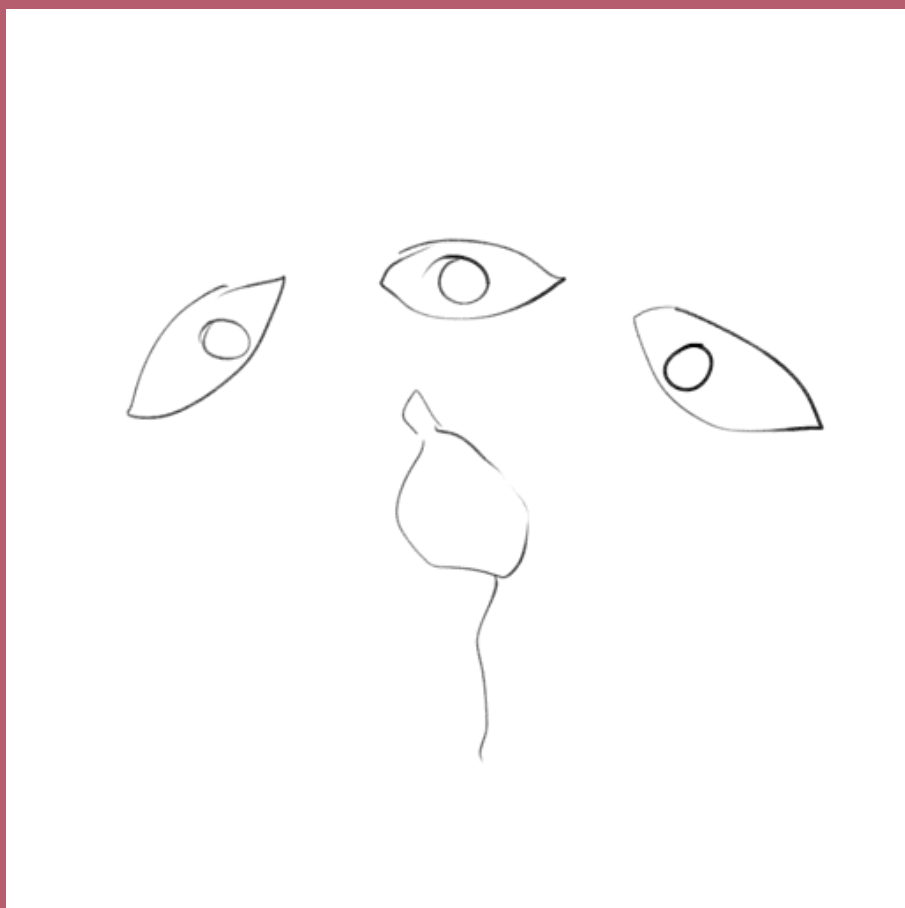
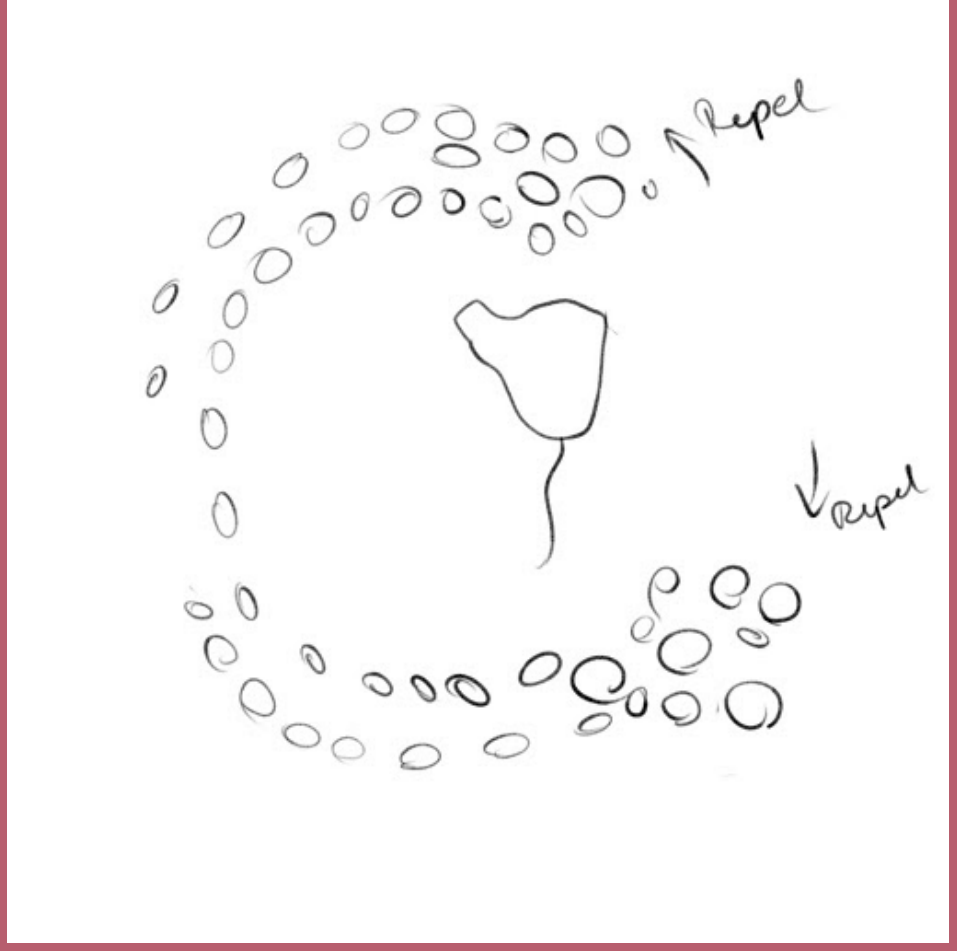


Work presented at the end of 7th sem



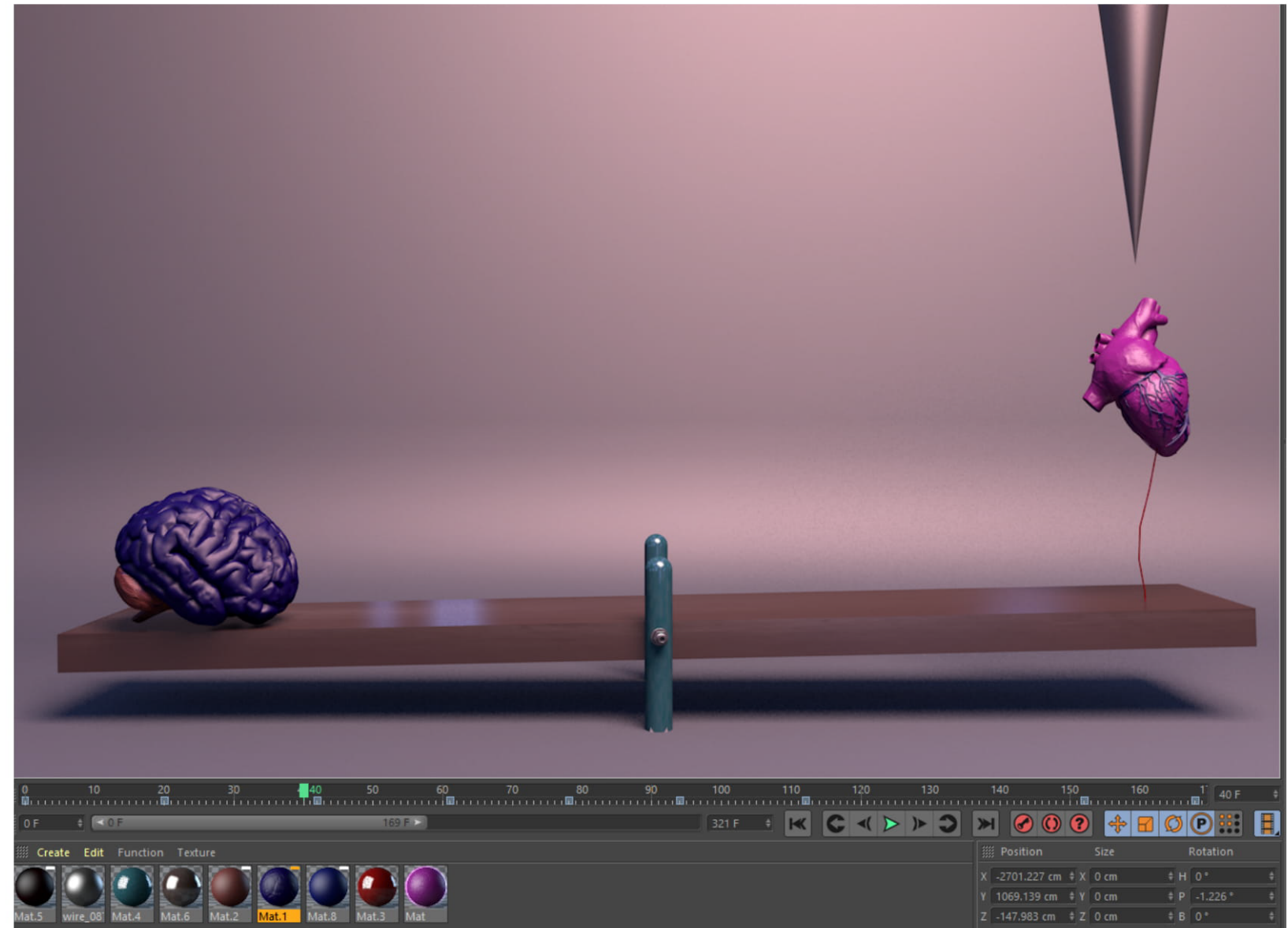




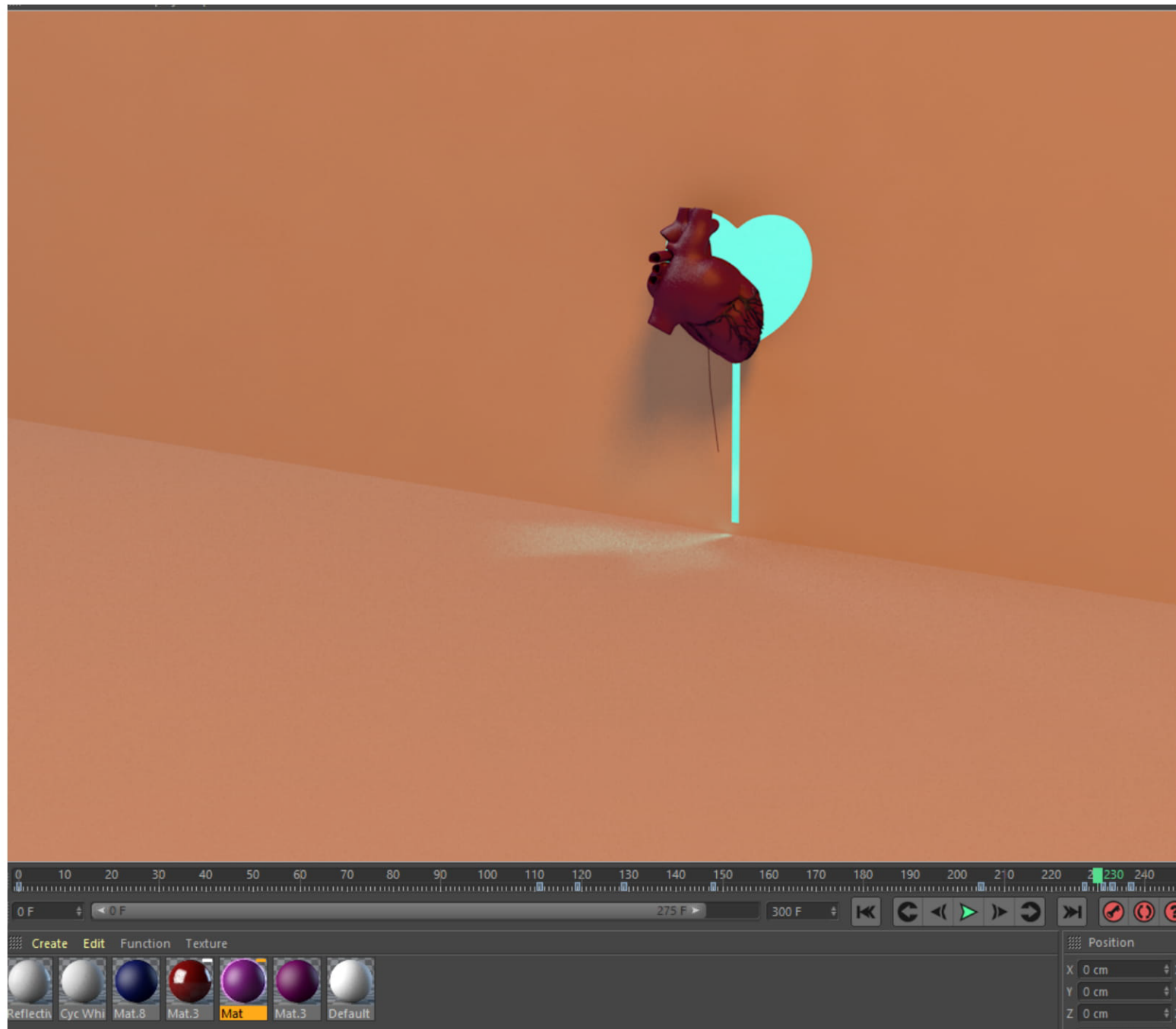


Start of semester 8 I started making storyboards (originally gifs)



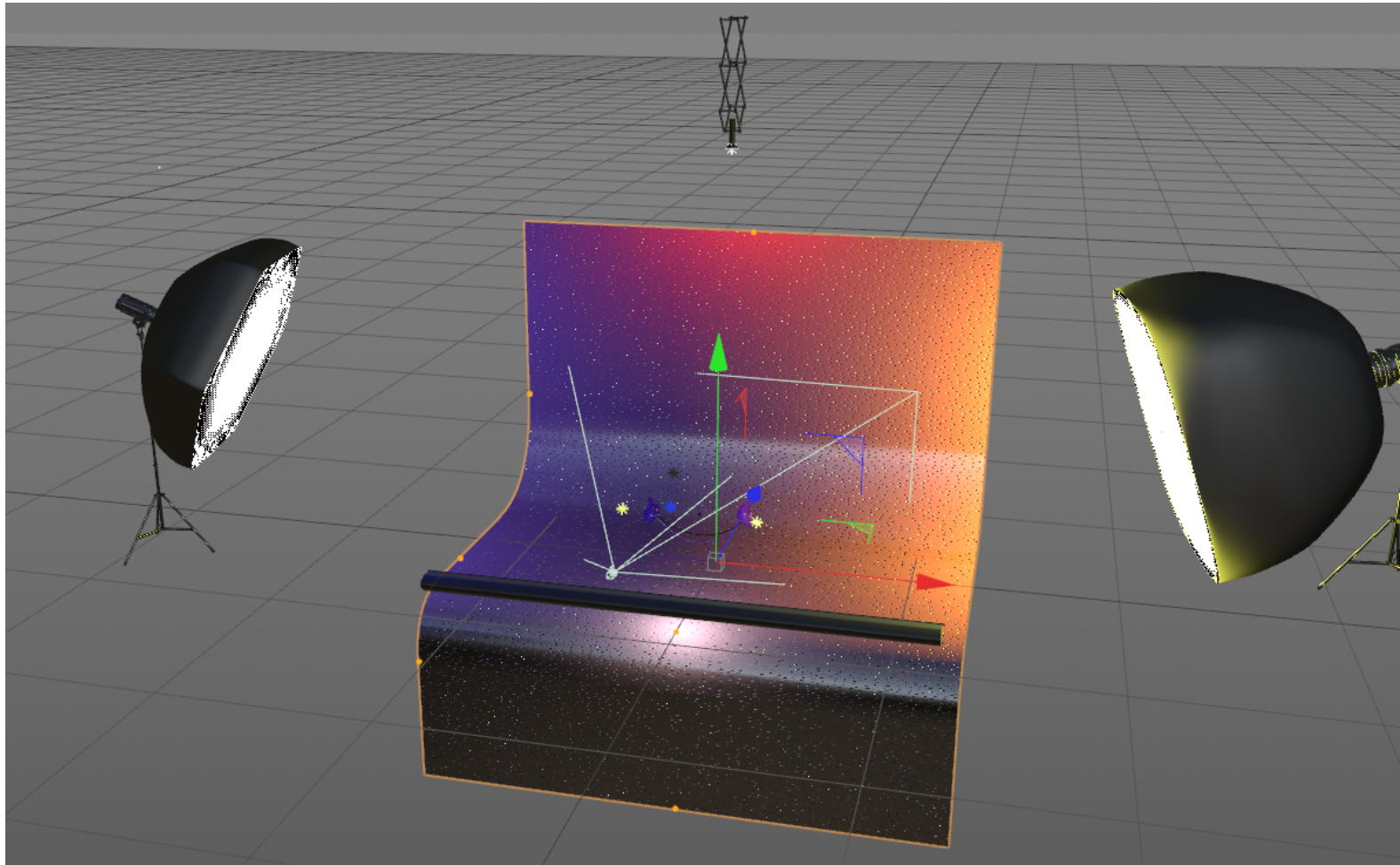
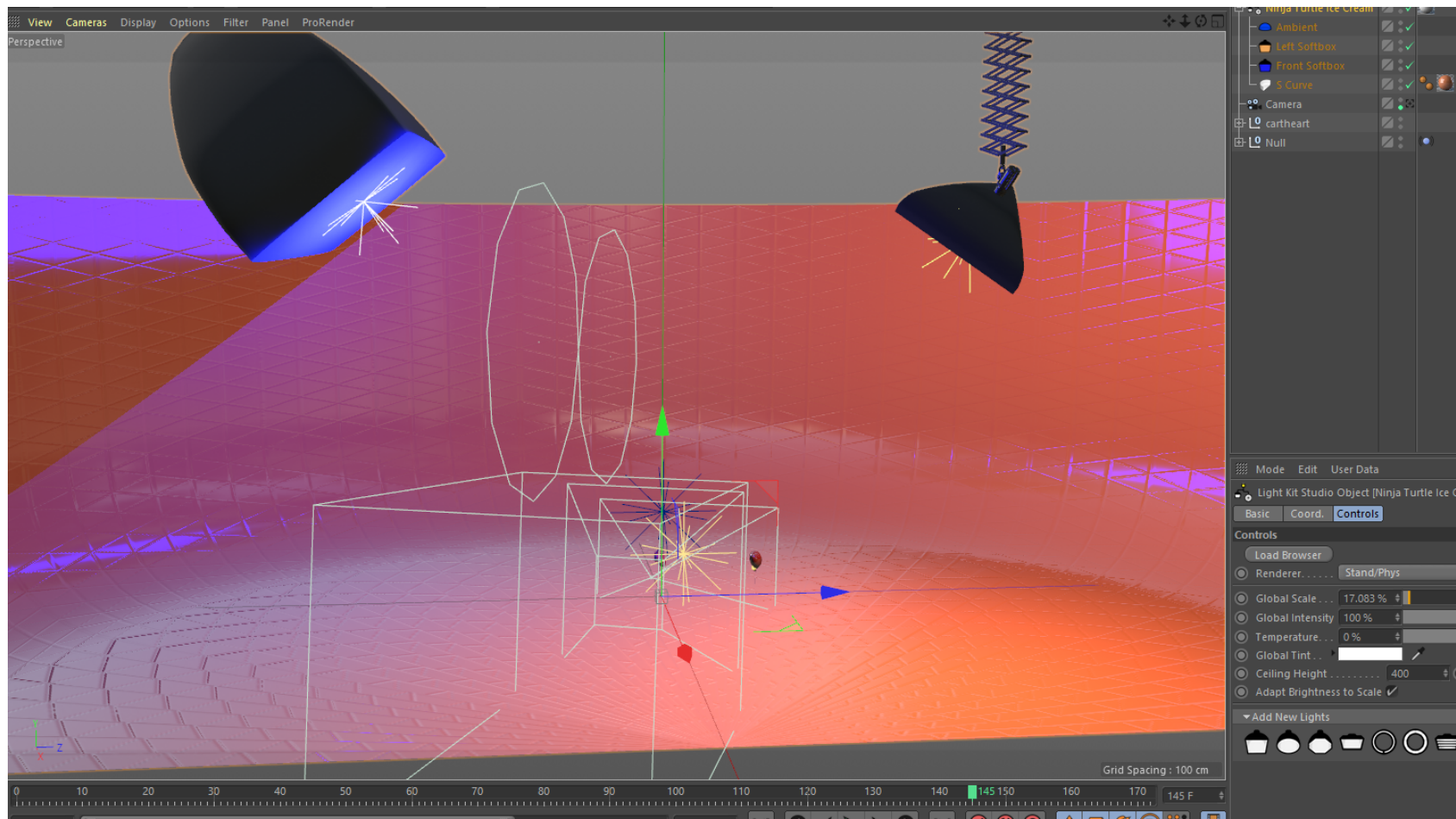


Initial progress



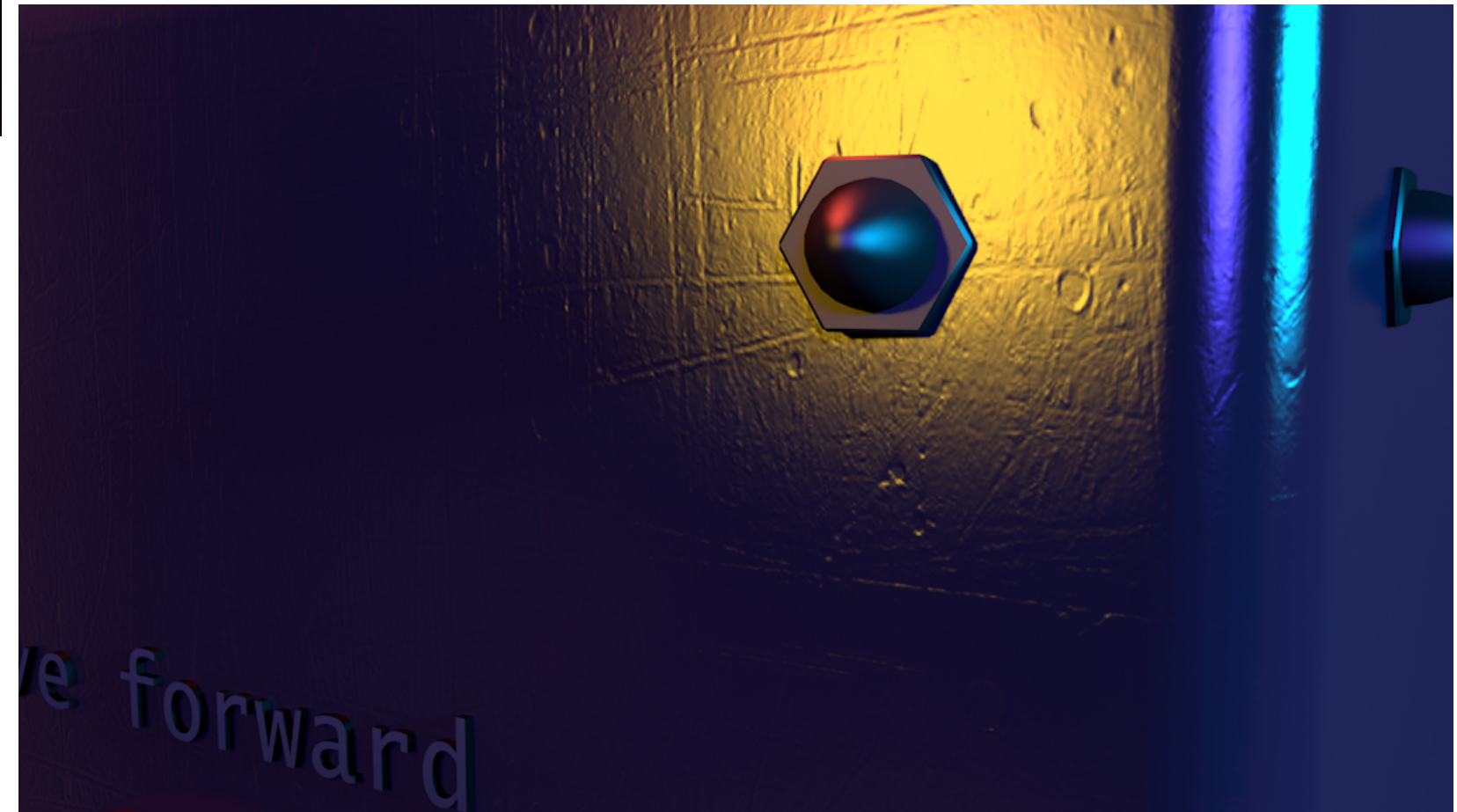
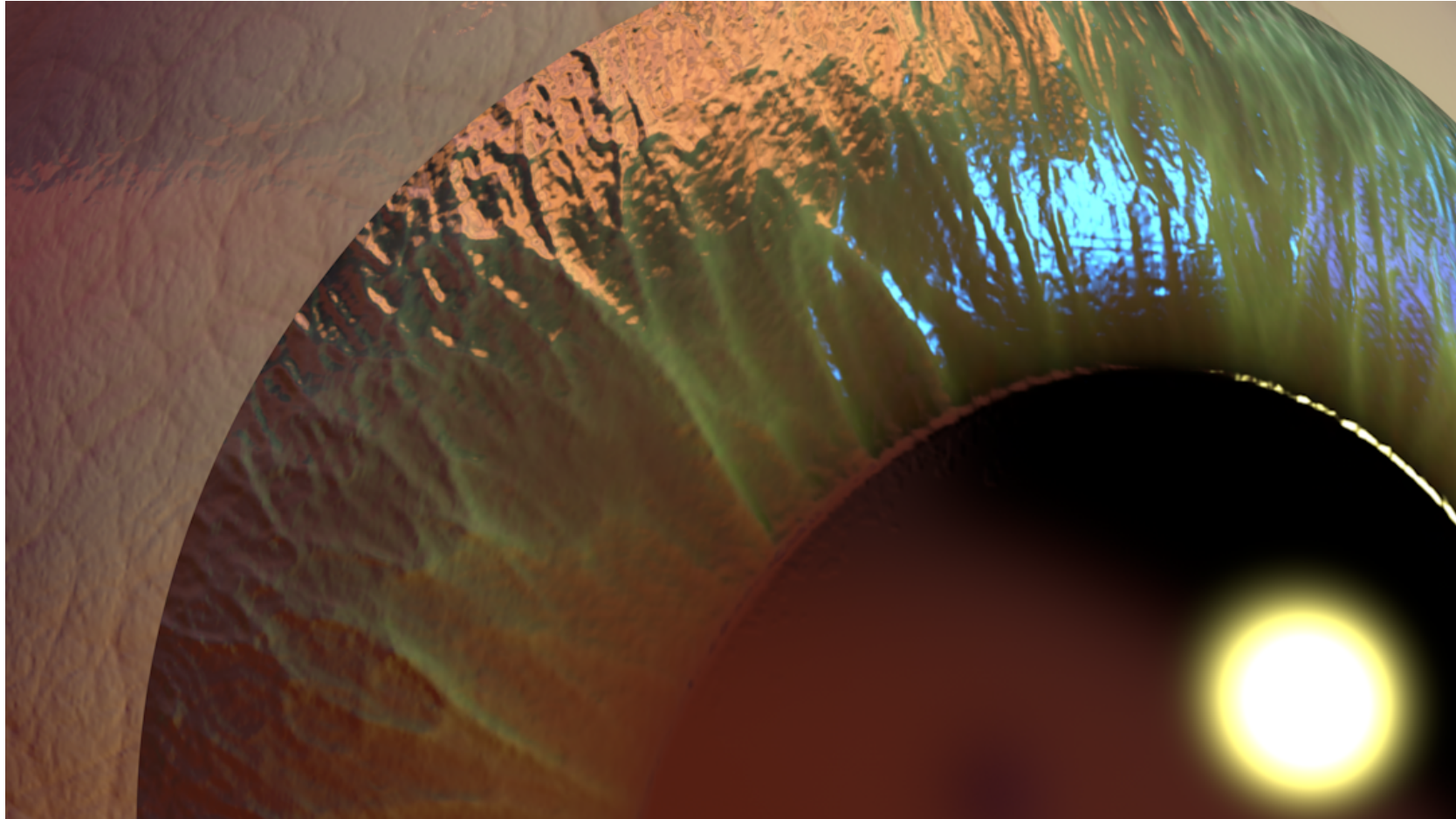
Initial progress





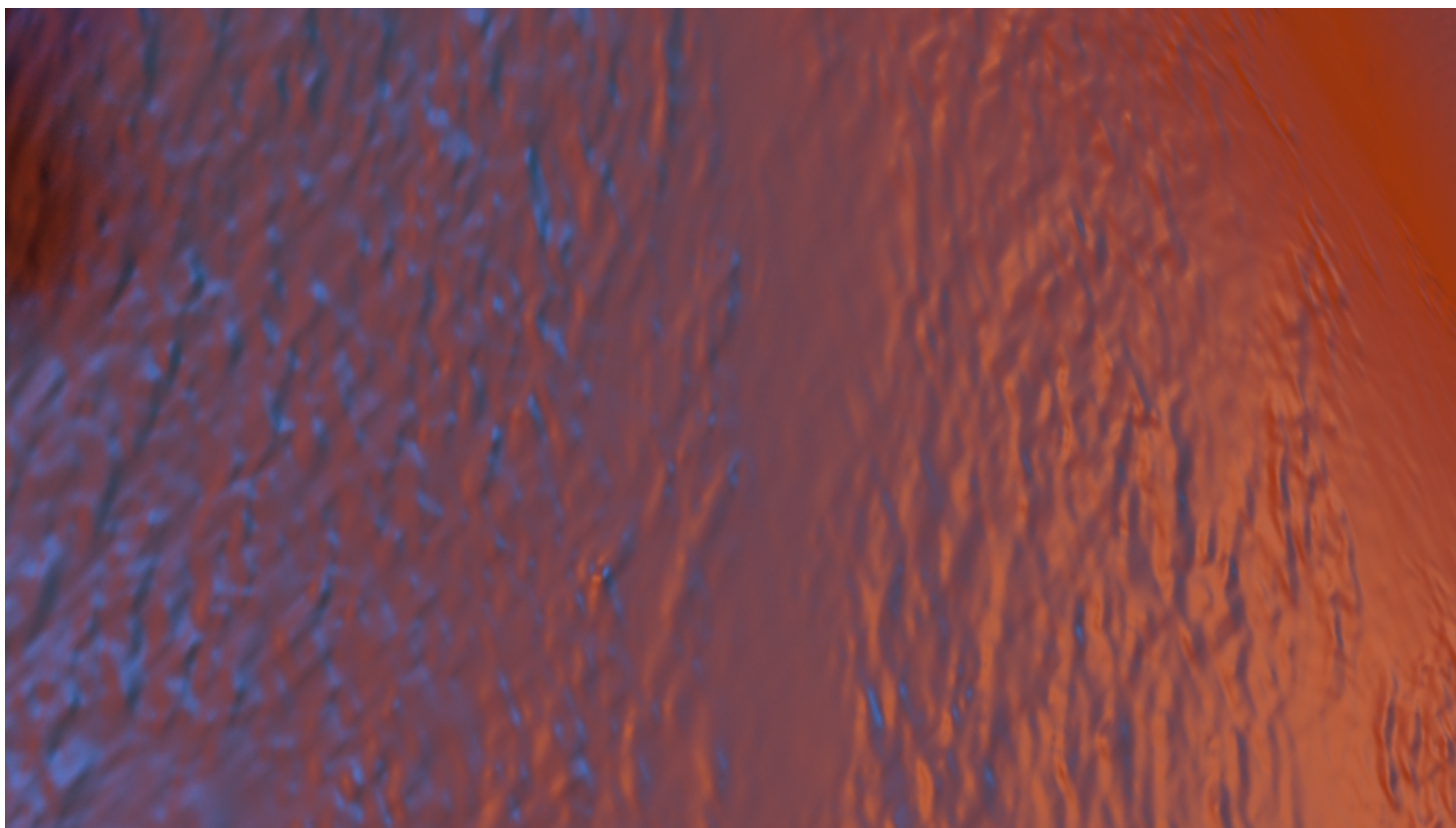
Lighting done using plugin Greyscalegorilla light kit pro which allows more dynamic and professional studio lighting with total control.





Samples of some textures used





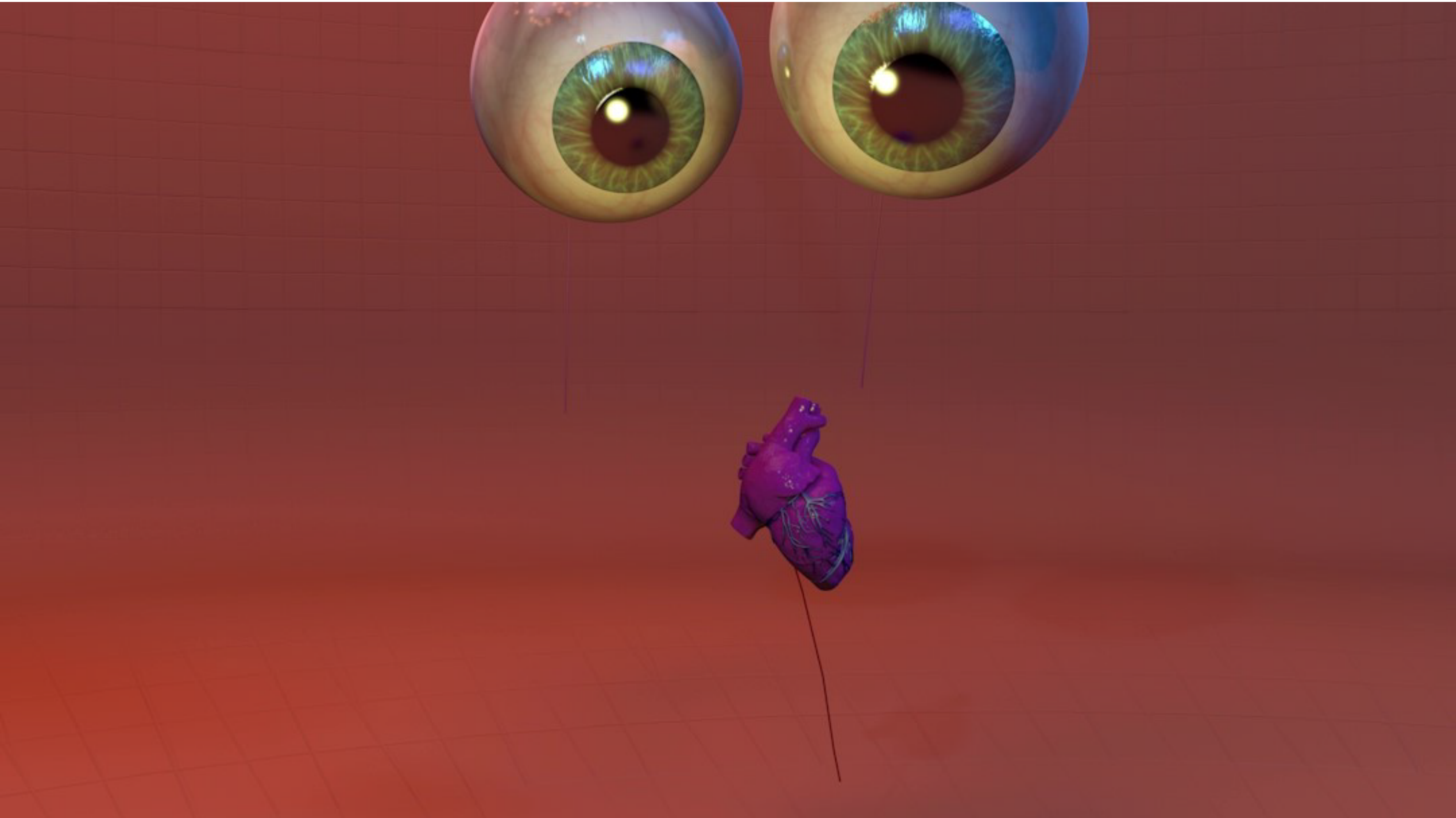
More textures



*Screenshots from final animations*

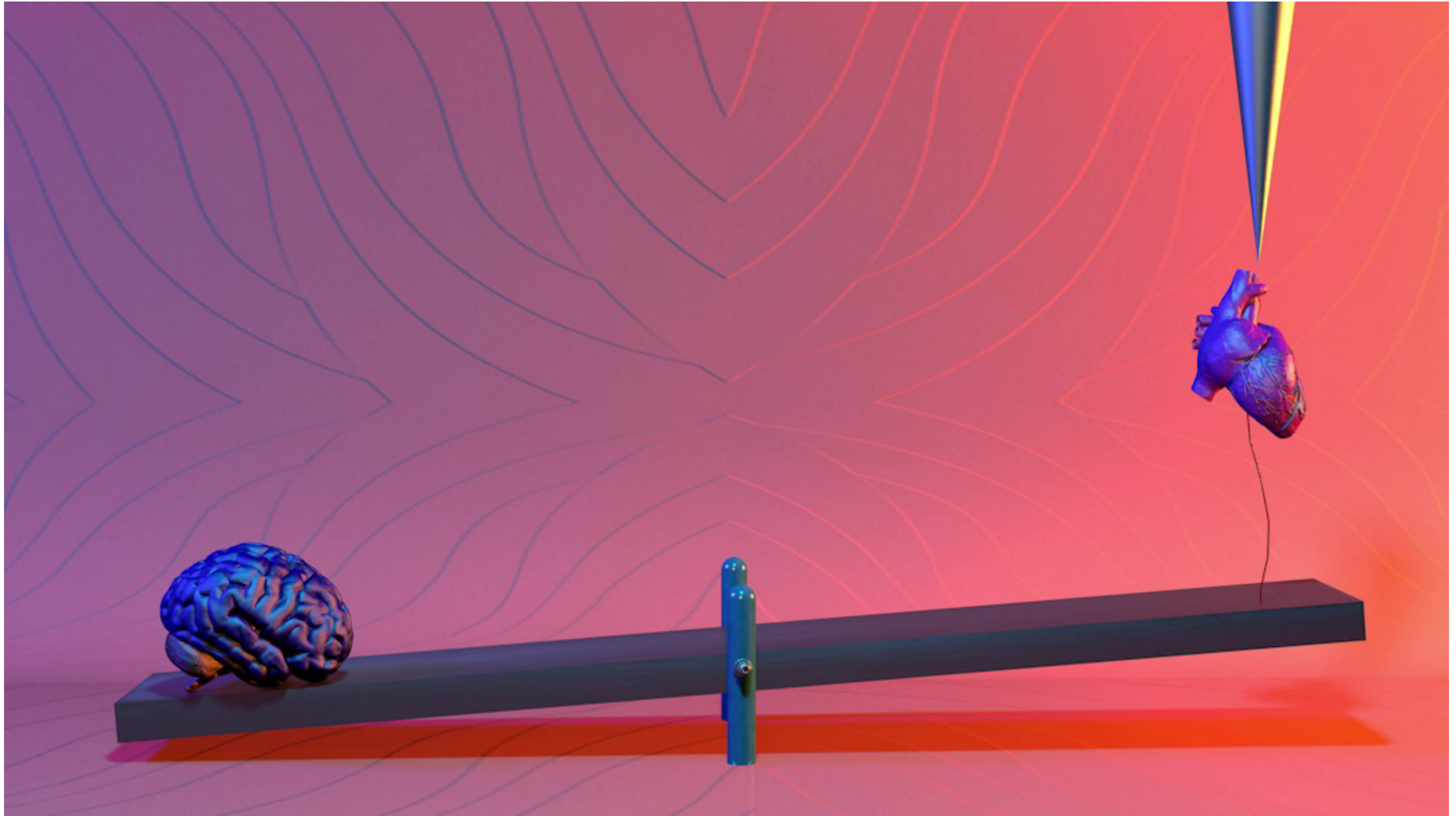
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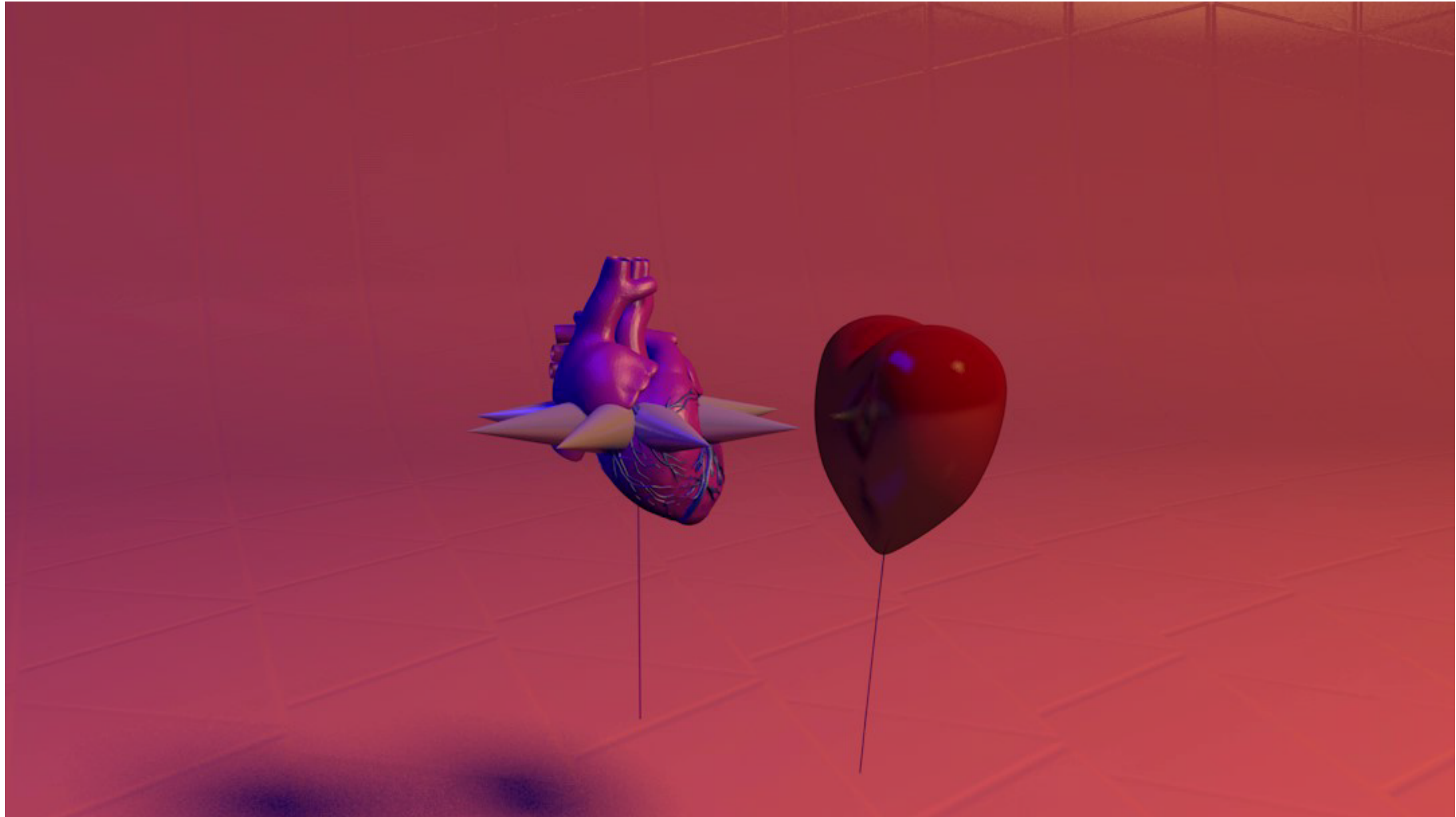


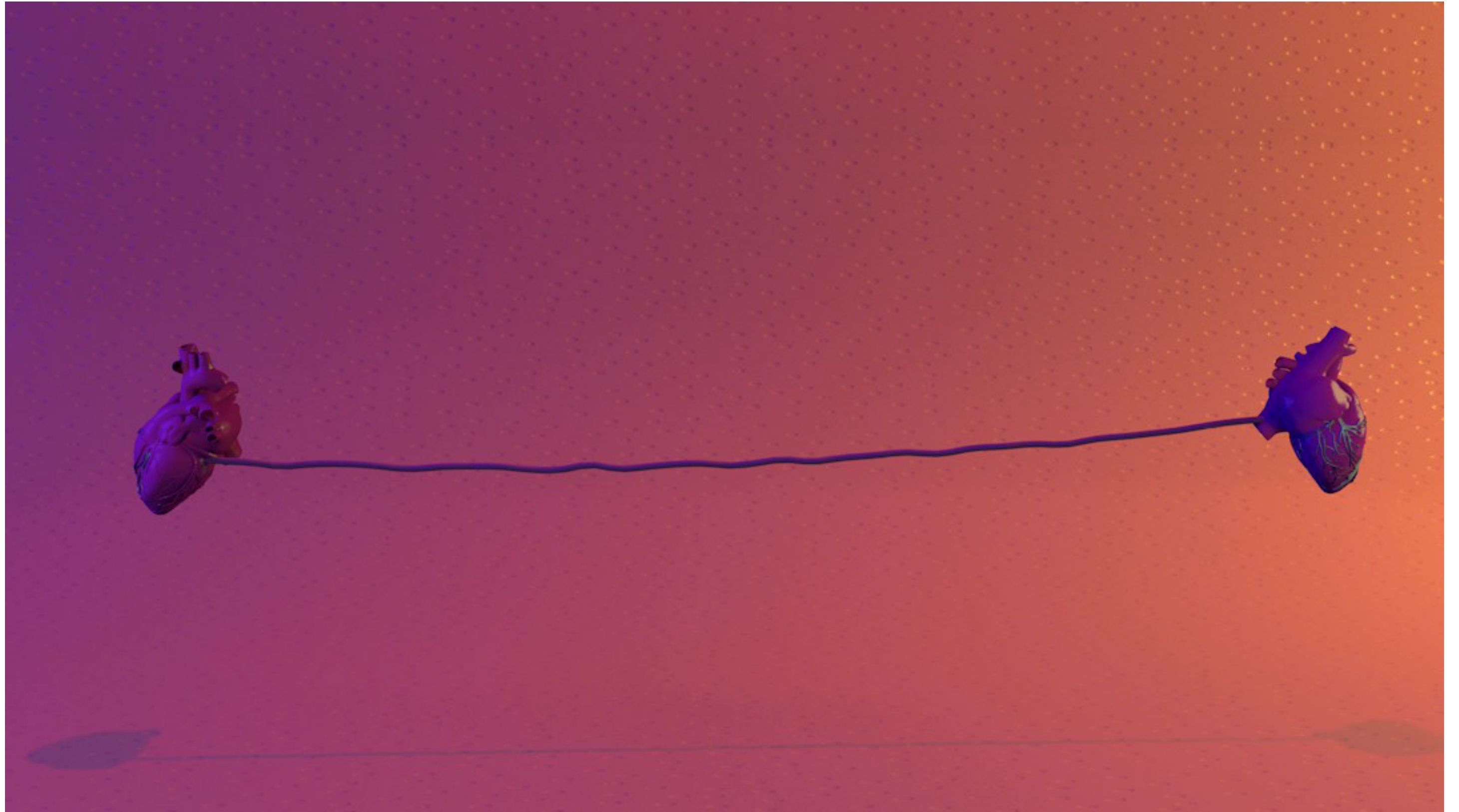
Press green button to move forward









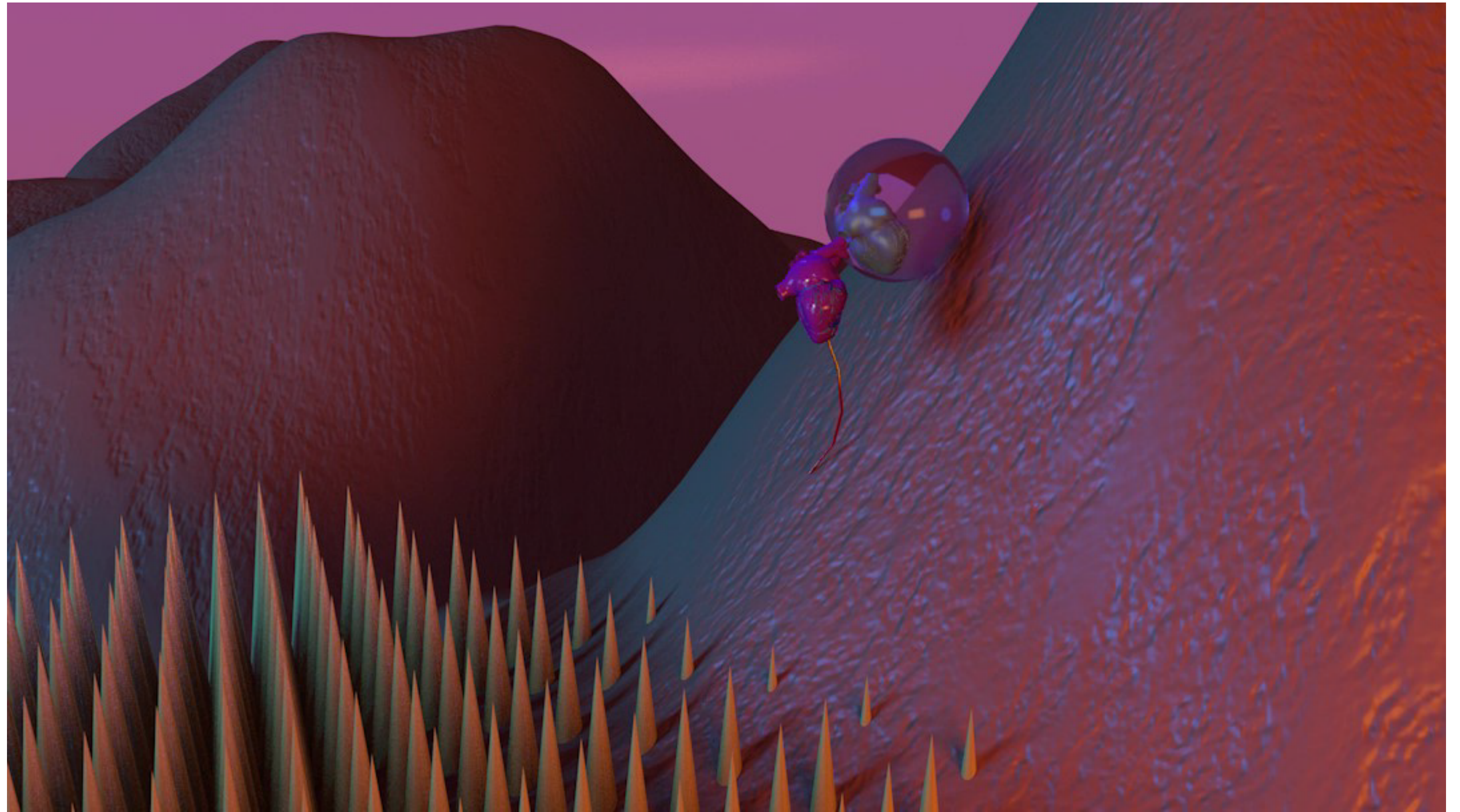




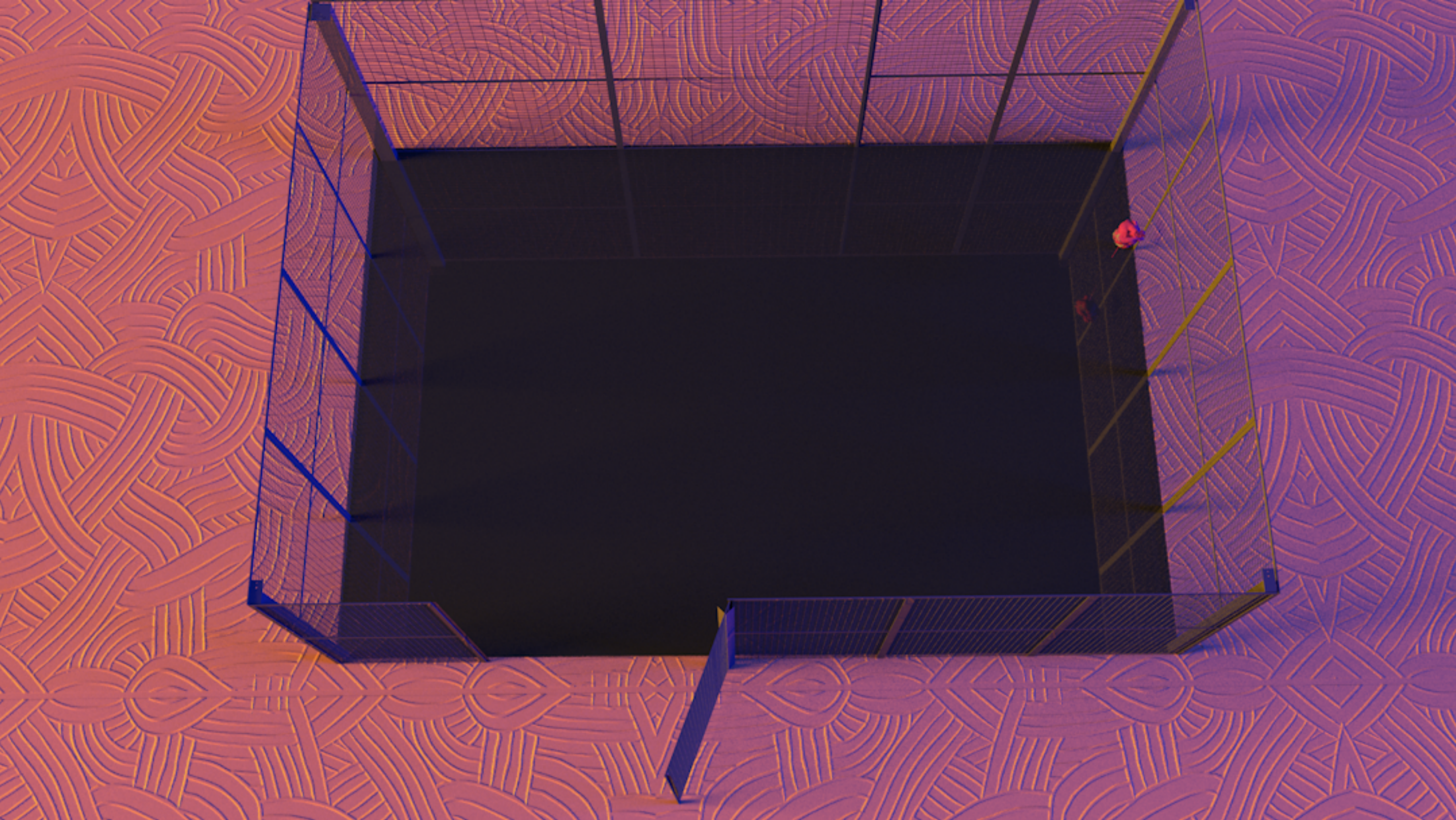




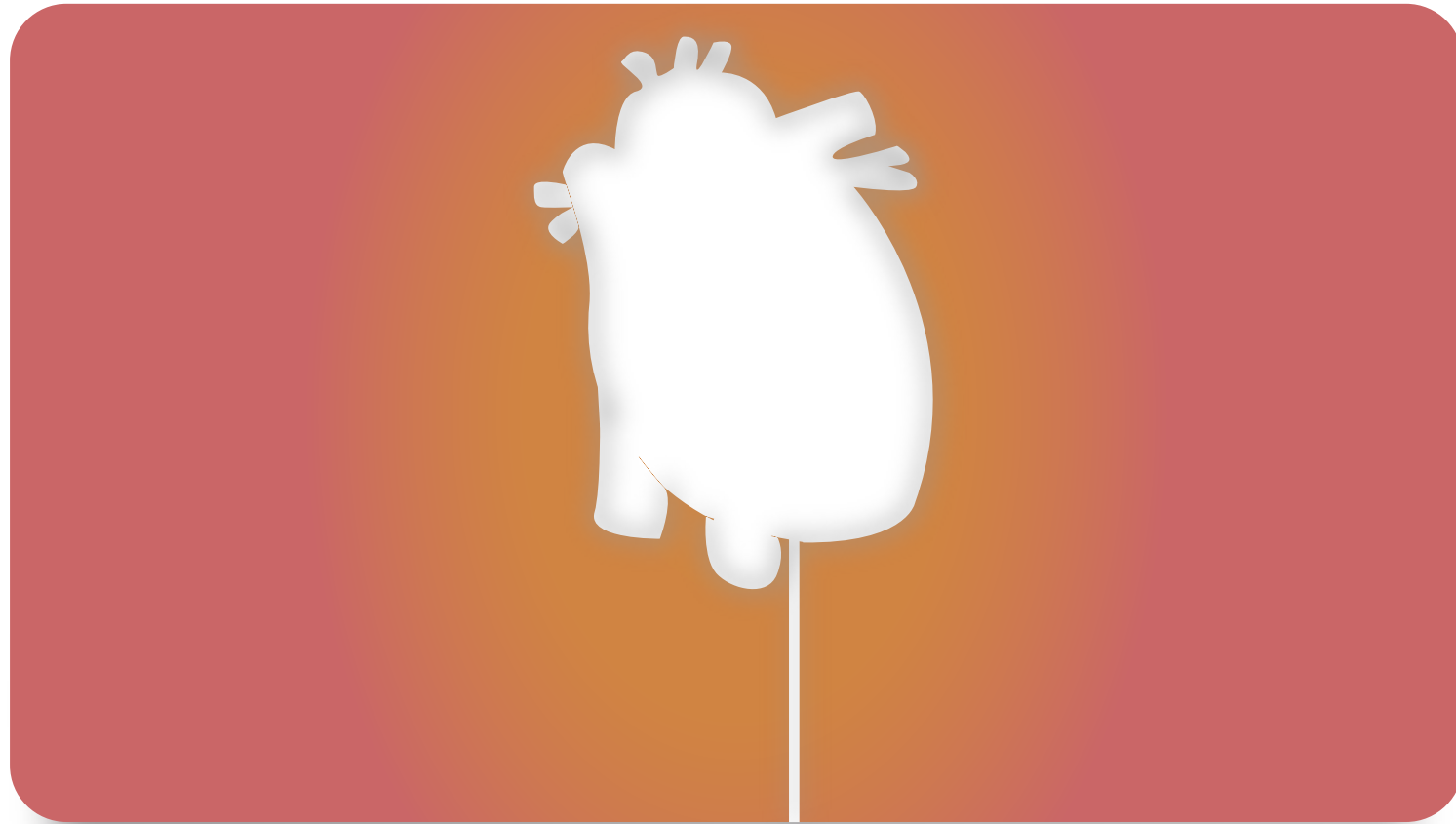




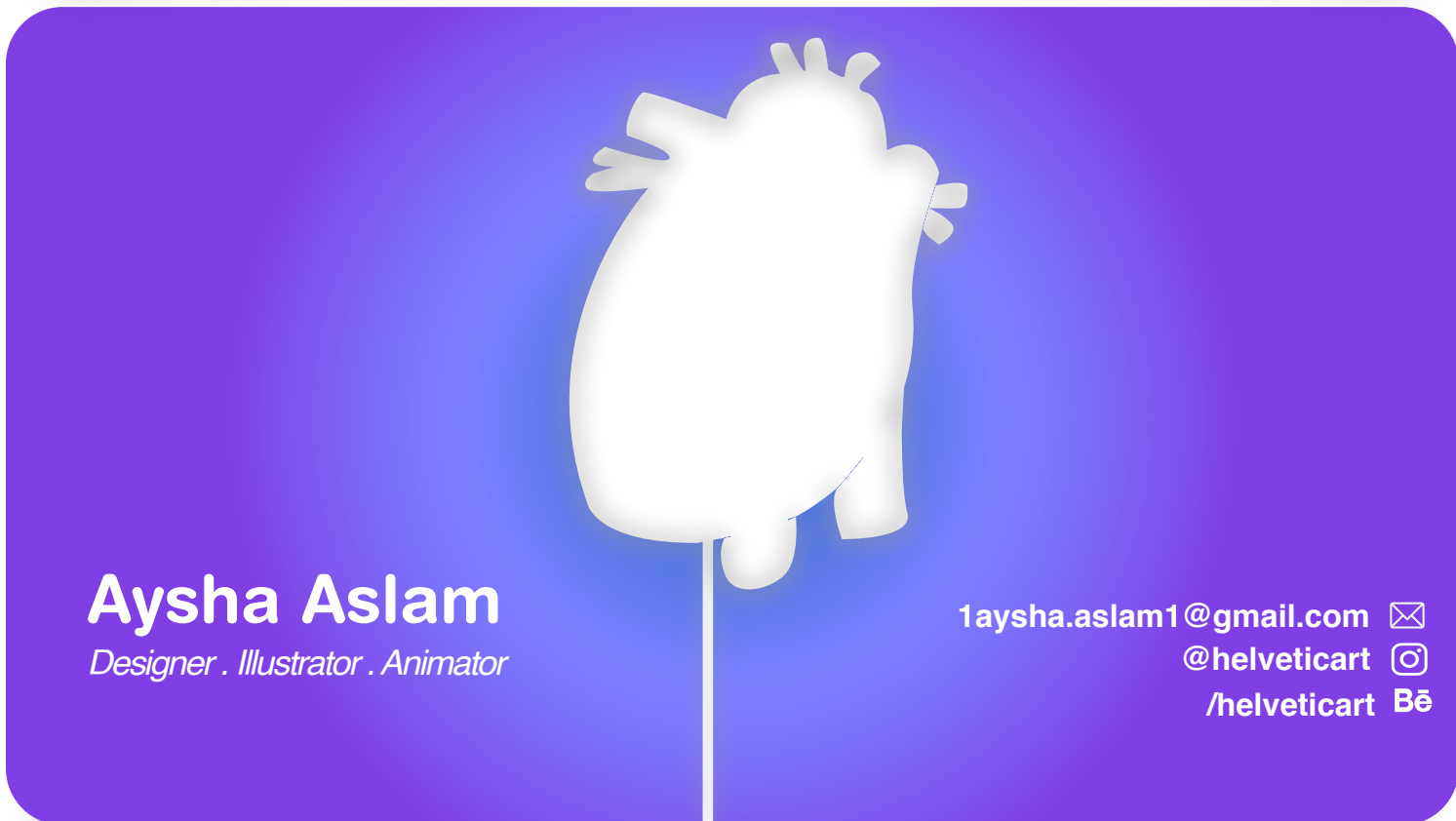








Business card design with cut out in the middle



# Abstract

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My thesis project explores the concept of escapism which is basically running away and distracting yourself from the depressing and stressful aspects of your life through different means. This could be through anything, even the most mundane actions of your daily life such as sleeping and eating. It was the most common coping mechanism during The Great Depression that occurred in 1930 where people lived in utter misery and desired a life of glamor. These desires were projected in Hollywood films which the population flocked to see.

This project seeks to answer one question: how can I bring the element of relatability through the presentation of my own attempt to escape? I hope to answer this by going through my own journal and flip through the entries. It's an amalgamation of my own poetry and writings in which I project my emotions. They are a reflection of my state of mind over the years with my experiences of this short life described in metaphorical ways; unpacking it all might result in different points of views depending on the viewer or they could even heavily relate to it as they might have experienced life in a similar manner. The essence of this project is exploring the concept of escape and intermingling it with real life experiences and emotions through the visualization of my personal writings in the form of symbols and metaphors giving one room to find meaning of their own.